

Cardiff Harlequins Lacrosse Club - Club specific Covid-19 Procedures and Risk Assessment

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Procedures for training from 1st August 2020 until further notice

- All participants (up to 30 for the men's session and up to 30 for the women's session including coaches) are required to pre-book for the event and register details. This controls numbers and gives accurate recording of data. All participants must agree to the Covid safe procedures prior to booking.
- Participants should not arrive more than 10 minutes before the indicated start time, and should allow other facility users time and space to exit the facility.
- There will be a table or two for temperature check (using a non-contact thermometer) and registration outside the astro. Each participant must use hand sanitiser here and participants temperatures will be recorded. Any participants registering over 37.5C will not be allowed into the facility. There will be no arguments. This will be run by appointed volunteers.
- Participants may need to queue for this and should respect social distancing rules when doing so.
- Participants must arrive changed and leave in playing kit – changing facilities will not be available.
- Social distancing must be observed while kitting up – use the space all around the astro, away from the entrance/exit.
- Hand sanitiser – should be carried by each player and will be provided by the club.
- All balls to be disinfected (or new).

During the session

- Use only your own equipment
- Do not touch balls with hands
- No spitting
- No sharing of water bottles
- Social distancing when not involved in the session

Afterwards

- Take kit off while respecting social distancing
- Wash hands on exit
- Restrictions in the clubhouse/pavilion are managed by {insert}. This has separate protocols to the training session (e.g. protocols around masks etc.). Please follow signs and direction of staff and respect government social distancing requirements.
- Report any signs of infection to the club immediately.

What participants must bring

- Hand sanitiser
- Own water bottle
- Mask (for travel on public transport)
- All of their own kit.

Volunteers required

- Equipment monitor – responsible for balls and goals
- Registration monitor – responsible for signing people in and recording temperatures.
- Temperature check monitor

Risk Assessment specific to Covid

Risk identified	Mitigation / Adaptation
Facilities - transport	Participants to arrange own transport in line with government guidelines. Cars to be parked on the road as usual. Participants to follow signage at the training / game location.
Changing Rooms / Toilets	Changing rooms are closed – participants to arrive / leave in sports kit. Toilets cleaned by {insert} and appropriate signage in place.
Enclosed Field / Astro / 3G	Temperature check on entry. Hand sanitiser on entry / exit.
Bar (if applicable)	Appropriate signage in place for outside bar. Players to socialise in small groups.
Re-starts	No face-offs. There will be a free clear when necessary.
Coaching	Interaction with players to be done with social distancing in mind.
Medical	To be done outside in the open whilst recognising social distancing of >1m Make sure they only drink out of their own named bottle When treating players, they wear PPE and encourage self-treatment where possible
The Ball	To be sanitised before play and after play. Not to be handled by anyone – if accidentally handled play to be suspended and ball sanitised

EL Code of behaviour	To adhere to the code of behaviour, any lack of adherence results in the miscreant being removed from the venue
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